

CCV STEM Studies to NVU Wellness & Alternative Medicine (B.S.) at Johnson and Online

CCV Degree Program: STEM Studies	NVU Degree Program: Wellness & Alternative Medicine (B.S.)
General Education: First Semester Seminar. INT-1050 Dimensions of Self & Society	General Education: First-Year Seminar
General Education: Technological Literacy	General Education: Mathematics and Computing in the World
General Education: Communication. Choose an approved transfer course in Communication	General Education: Communicating in the World: Written Expression
General Education: ENG-1061 English Composition	General Education: Communicating in the World: Written Expression: ENG-1081 Writing & Reading Strategies for College
General Education: Mathematics. Choose: MAT-2121 Statistics	General Education: Mathematics and Computing in the World: MAT-2121 Statistics
General Education: Research Writing Intensive. Choose: ENG-2135 Technical Writing and Research	General Education: Communicating in the World: Written Expression
General Education: Scientific Method. Choose BIO 1210 Biology or BIO 1212 Intro to Biology: Cells and Genetic Basis of Life	General Education: Natural and Physical Worlds: BIO 1210 Biology or BIO 1212 Intro to Biology: Cells and Genetic Basis of Life
General Education: Human Expression. Choose an approved transfer course in Art or Music	General Education: Creativity in the World: Art and Aesthetics
General Education: Human Behavior. Choose: PSY 1010 Intro to Psychology	General Education: Being in the World: Society and Behavior: PSY 1010 Intro to Psychology
General Education: Global Perspectives & Sustainability Choose: GEO-1010 Introduction to Geography	General Education: Enriched Course in Climate Change; Sustainability; or Social Justice: GEO-1010 Introduction to Geography
General Education: HUM-2010 Seminar in Educational Inquiry	General Education: Diversity in the World: History and Culture
INT 2860 Professional Field Experience	General Elective
Choose a minimum of 23 College-level credits from any combination of STEM courses:	
AHS 2120 Wellness for Life	AHS 1010 Contemporary Health Issues
AHS 2470 Fundamentals of Pharmacology	AHS 3050 Introduction to Pharmacology
BIO 1211 Intro to Biology: Ecology and Evolution	BIO 1211 Intro to Biology: Ecology and Evolution
BIO 2011 Human Anatomy and Physiology I	BIO 2011 Human Anatomy and Physiology I
BIO 2012 Human Anatomy and Physiology II	BIO 2012 Human Anatomy and Physiology II
CHE 1031 General Chemistry	CHE 1031 General Chemistry
Additional Math Class	General Education: Mathematics and Computing in the World
Total CCV Credits: 60	

Additional Courses to be taken at Northern Vermont University
SOC 1040 Integrative Health & Professional Series
SOC 3080 Wellness & Alternative Medicine
SOC 3230 Alternative Medicine, Science & Disease
SOC 4740 Senior Integrative Health Care Seminar

WAM 2030 Wellness Lifestyle & Career Seminar
Internship in Allied Health Science, Anthropology, Sociology, or Wellness & Alternative Medicine
Alternative Health Systems & Mind-Body Medicine (Choose 8 credits)
ANT 3140 - Yoga and Ayurveda: Science & Culture
WAM 2010 - Native American Healing - The Lakota & Shamanic Traditions
WAM 2020 - Chinese Medicine & Acupuncture I
WAM 2040 - Introduction to Meditation
WAM 2050 - Herbs: The Medicine Garden
WAM 2060 - Naturopathic Medicine
WAM 2070 - Massage & Bodywork
WAM 2080 - Homeopathy I
WAM 3020 - Chinese Medicine & Acupuncture II
WAM 3040 - Mindfulness Meditation
WAM 3050 - Herbalism, Wellness & Healing
WAM 3070 - Massage, Science & Wellness
WAM 3080 - Homeopathy II
Healthcare & Healing Around the World (Choose one course)
ANT 4020 - Multicultural Health, Illness & Healing
SOC 4030 - Global Health, Diversity & Policy
WAM 3060 - Healing All Wounds: Global Humanitarian Aid and Warzone Medicine
Nutrition: The Biochemistry & Eco-Politics of Food and Diet (Choose one course)
BIO 3180 - Nutrition
SOC 3240 - Nutrition, Food & Society
WAM 3025 - Epigenetics: Diet, Lifestyle & Environment
Stress: Biopsychological Response & Wellness Lifestyle Choices (Choose one course)
AHS 4025 - Health Behavior: Change & Adherence
AHS 4110 - Psychophysiology of Stress
WAM 3010 - Living the Good Life
Additional Credits to reach 120 (may include general electives and general education courses as needed to meet degree requirements)
In order to graduate from Northern Vermont University with a Bachelor of Science in Wellness & Alternative Medicine, students must have a minimum of 120 credits (33 credits hours at the 3000 or 4000 level must be from Northern Vermont University). Students who graduate with an Associate Degree in STEM Studies from the Community College of Vermont may enter the Wellness & Alternative Medicine program. All college-level courses from CCV or other accredited institutions will be accepted by Northern Vermont University (non-credit courses and remedial/developmental courses will not be accepted) and applied where possible to the credits required to reach the 120 credits necessary to complete a bachelor's degree.