

**Associate of Science in Health Science at CCV**  
**to a**  
**Bachelor of Science in Health Sciences: Health & Wellness Coaching at NVU**  
*Available on the Johnson Campus*

This transfer pathway will help you plan courses at the Community College of Vermont (CCV) that will meet major specific requirements at Northern Vermont University (NVU). Transfer students from CCV who have obtained an Associate of Arts or an Associate of Science degree will have the NVU general education program requirements waived. Transfer courses from regionally accredited institutions will be accepted if grades are C- or better. *This transfer pathway is based on the 2021-2022 catalog year.*

<b>Associate of Science in Health Science at CCV</b>	<b>Bachelor of Science in Health Sciences at NVU</b>
General Education—First Semester Seminar: INT 1050 Dimensions of Self & Society	Elective/NVU general education requirement waived for CCV graduate
General Education—Technological Literacy: Choose CIS 1041 Computer Applications or CIS 1430 Spreadsheets	Elective/NVU general education requirement waived for CCV graduate
General Education—Communication: Any eligible course in this category	Elective/NVU general education requirement waived for CCV graduate
General Education—English Composition: ENG 1061 English Composition	ENG 1071 – College Writing
General Education—Mathematics: Any eligible course in this category	Elective/NVU general education requirement waived for CCV graduate
General Education—Research & Writing Intensive: Choose ENG 2135 - Technical Writing & Research	Elective/NVU general education requirement waived for CCV graduate
General Education—Scientific Method: Choose BIO 2011 Human Anatomy & Physiology I	BIO 2011 Human Anatomy & Physiology I
General Education—Human Expression: Any eligible course in this category	Elective/NVU general education requirement waived for CCV graduate
General Education—Human Behavior: Choose PSY 1010 Introduction to Psychology	PSY 1010 Introduction to Psychology
General Education—Global Perspectives & Sustainability: Choose SOC 1010 Introduction to Sociology	SOC 1010 Introduction to Sociology
General Education—Seminar in Educational Inquiry: HUM 2010 Seminar in Education Inquiry	Elective/NVU general education requirement waived for CCV graduate
AHS 1045 Introduction to Health Care	Elective
BIO 2012 Human Anatomy & Physiology II	BIO 2012 Human Anatomy & Physiology II
Choose 13-18 credits of Health Science electives Additional electives: 6 credits Choose BIO 1030 Introduction to Nutrition and BIO 1210 Introduction to Biology Consider BIO 1211 Introduction to Biology: Ecology and Evolution, BIO 1212 Introduction to Biology: Cells and Genetic Basis, CHE 1031 General Chemistry I, CHE 1032 General Chemistry II, PHY 1041 Physics I, PHY 1042 Physics II	Work closely with your CCV advisor and your NVU Admissions Counselor when planning and choosing your CCV electives to ensure optimum transferability.
<b>Total CCV Credits: 60</b>	

<b>Additional Courses to be taken at Northern Vermont University</b>
<b>Health Sciences Core Curriculum (24 credits)</b>
AHS 1010 Contemporary Health Issues
AHS 1340 First Aid and CPR
AHS 2370 Fundamentals of Nutrition ( <i>recommend taking the substitute BIO 1030 at CCV</i> )
SCI 2270 Student Knowledge Improvement and Leadership Learning Seminar (SKILLS) ( <i>taken twice</i> )
ENV 2210 Current Topics in Science ( <i>taken twice</i> )
<b>Health &amp; Wellness Coaching Concentration - Required Courses</b>
AHS 2350 Physical Activity in Health and Disease
AHS 2360 Introduction to Food Science
AHS 2480 Introduction to Wellness Coaching
AHS 4025 Health Behavior: Change & Adherence
AHS 4110 Psychophysiology of Stress
BIO 1210 Introduction to Biology ( <i>recommend taking at CCV</i> )
BIO 3180 Nutrition
CHE 1055 General, Organic and Biochemistry
AHS 4810 Internship in Allied Health Science OR AHS 4911 Senior Research
<b>Health &amp; Wellness Coaching Concentration - Electives (6 to 8 credits)</b>
AHS 3043 Care & Prevention of Athletic Injuries
AHS 3050 Introduction to Pharmacology
AHS 3230 Physiology of Exercise
BIO 3125 Biological Chemistry
BIO 3130 Cellular Biology: A Molecular Approach ( <i>offered every three years</i> )
BIO 3140 Introduction to Microbiology ( <i>offered every three years</i> )
CHE 1031 General Chemistry I ( <i>may be taken at CCV</i> )
CHE 1032 General Chemistry II ( <i>may be taken at CCV</i> )
CHE 3111 Organic Chemistry I
PHY 2031 Fundamental Physics I ( <i>may be substituted with PHY 1041 at CCV</i> )
PHY 2032 Fundamental Physics II ( <i>may be substituted with PHY 1042 at CCV</i> )
PSY 2070 Developmental Psychology
PSY 3070 Abnormal Psychology
<b>Estimated number of additional credits at NVU: 60</b>