

**Appendix III: Proposed 4 Year Plans by Concentration**

# FINISH IN FOUR DEGREE PLAN

## B.S. in HEALTH SCIENCES, Pre-Professional Health Studies

Starting in Even Fall

*Note: This plan represents the requirements for completion of this major in four years. You will need to add into your plan graduation standards and core curriculum requirements from the reverse side. For specific course offerings for each semester, view "Search for Sections" online in Web Services on the NVU Portal. Your Program Evaluation in the portal is your guide to track your progress. Be sure to consult regularly over time with your advisor to explore your best options and opportunities.*

FIRST YEAR					
FALL 2018			SPRING 2019		
CREDITS			CREDITS		
AHS 1010	Contemporary Health Issues (fall)	3	PSY 1010	Introduction to Psychology	3
CHE 1031	General Chemistry I (fall only)	4	CHE 1032	General Chemistry II (spring only)	4
ENV 2210	Current Topics in Science (fall only)	1	ENV 2270	SKILLS Seminar	1
ENV 2270	SKILLS Seminar	1			
<b>Total Credits</b>		<b>15</b>	<b>Total Credits</b>		<b>15</b>
SECOND YEAR					
FALL 2019			SPRING 2020		
CREDITS			CREDITS		
BIO 2011	Human Anatomy and Physiology I (fall)	4	BIO 2012	Human Anatomy and Physiology II (spring)	4
MAT 2021	Statistics	3	BIO 1212	Intro to Biology: Cells & Gen. Basis (spring)	4
BIO 1211	Intro to Biology: Eco & Evolution	4	AHS 2xxx	Fundamentals of Nutrition	3
ENV 2210	Current Topics in Science (fall only)	1	AHS 1340	First Aid & CPR	1
	**Writing Proficiency Exam				
<b>Total Credits</b>		<b>15</b>	<b>Total Credits</b>		<b>15</b>
THIRD YEAR					
FALL 2020			SPRING 2021		
CREDITS			CREDITS		
BIO 3180	Nutrition in Health and Disease	3	PHY 2032	Fundamental Physics II (spring only)	4
AHS 3230	Physiology of Exercise	4	3/4000	Pre-Professional Health Elective	3
PHY 2031	Fundamental Physics I (fall only)	4			
<b>Total Credits</b>		<b>15</b>	<b>Total Credits</b>		<b>15</b>
FOURTH YEAR					
FALL 2021			SPRING 2022		
CREDITS			CREDITS		
AHS 4810 or AHS 4911	Internship in Health Science or Senior Research	3	AHS 4110	Psychophysiology of Stress (spring only)	3
3/4000	Pre-Professional Health Elective	3	AHS 4025	Health Behavior in (spring only)	3
<b>Total Credits</b>		<b>15</b>	<b>Total Credits</b>		<b>15</b>

**CREDIT TOTAL 120**